



Talk Story



St. Jude's Episcopal Church ~ Where Jesus talk is a daily walk.

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Volume 8 ~ Edition 3
March 2021



The sounds before the cross

A Hawai'i Island Lenten offering
of Evening Prayer and Devotion

Wednesdays, 6 PM

February 24 – March 24

Via ZOOM

Featuring the Right Rev.
Bob Gillies*.

Bishop Gillies, is the former
Bishop of Aberdeen
and Orkney in the
Scottish Episcopal Church.

Details on page 6



Original artwork

by

Deb Johnson.



LENT

BY CORDELIA BURT



Lent is the season of the church year that runs for forty weekdays and six Sundays between Ash Wednesday and Easter and is a special season of preparation for Easter.

The liturgical purple is used or the neutral color of unbleached linen. The penitential tone of the season is reflected in the prohibition of the singing of the Gloria in Excelsis during Lent. Many people observe Lent by undertaking special programs of study; many practice self-denial. The purpose of Lent is not self-punishment but preparation for Easter through concentration on fundamental values and priorities.

A New Dictionary for Episcopalians

Lent with a Scottish flavor

This year we will join with the churches of the Big Island to study "The Sounds before the Cross" being led by the Right Rev. Bob Gillies, retired Bishop of Scotland. The Zoom meeting will begin February 24 and go through March 24 at 6 PM.

Quiet Day

On Saturday March 20 the Annual Quiet Day Retreat of the Diocesan Episcopal Church Women will be offered on Zoom also. Fr. Moki will be the leader and the theme is "Surrender". This session will cover the Season of Lent and Stations of the Cross.



I hope you will be able to join each of these offerings and that they enrich your Lenten study.



Around the church yard

By Contributing Editor Don Hatch
(Also St. Jude's Bishop's Warden)

St. Jude's is holding church services live using Zoom and live-streaming it to the church Facebook page so non-Zoom users can attend.

It isn't as good as being in church where we can be one-on-one with our friends, but does give us a chance to see and talk to our friends. After a service at St. Jude's, we always have a potluck we call Aloha Hour. After our Zoom service we roll into a virtual Aloha Hour.

A plus of the Zoom format is that members of St. Jude's off island can join us, and several of our visiting priests have joined us.

Live Services are scheduled to start in April with The Reverend Dr. Dennis Maynard serving us and staying at McKinney Place. The Reverend Doug Coil will serve St. Jude's in June followed by Father Lester McKinzie in July.

Thursday Afternoon Free Hot Meal: Faye Miller continues to host Thursday Hot Meals at St. Jude's. She has organized a group of volunteers who begin serving meals at 4 p.m. and continue until the food runs out. Faye does all the cooking. She also manages the volunteers. Faye has also partnered with private individuals and several businesses in Ocean View and has received contributions of food from the Malama Market and BJ's Pizza.

Ka'u School District Gives out Supplies and Computers: The Ka'u school district used St. Jude's facilities monthly to distribute supplies and computers.

Ka'u Mobile Learning Hub: Many of the Ka'u students don't have access to

the internet; so, the Ka'u school district has set up four mobile learning hubs to provide internet access, and they have teachers there to help the students.

The St. Jude's hub is located in the lower parking lot and also inside the church. There is no limit on the number of students. As more students arrive, they set up another table with a student at each end. They can spread out across the entire parking lot. The limiting factor is how many computers can access St. Jude's two wi-fi networks before it gets too slow.

The Bishop's Committee used emails and zoom to conduct most of the church business this month.

Education for Ministry (EMF) class has been continued using Zoom to meet as a distributed class.

Women's Bible Study using Zoom: Women's Bible study meets Monday mornings using Zoom.

Summit Sustainability Session: On Feb. 4th the county of Hawaii's Research and Development Committee met at St. Jude's to hold a session with the Ocean View community. They sent me a copy of their advertisement flyer which I posted on social media.

I received several messages back from people asking if this would be inside or outside, which I replied "Inside with masks and social distancing." Several replied back, indicating they would not attend an inside meeting except with their immediate families. The only person from Ocean View that showed up for the session was Mark Keigley.

Hong Kong Chop Suey

Groovin' with the Grazing Girlz

By Karen Pucci

HONG KONG CHOP SUEY.

Those of you who follow our adventures, know we are always on the lookout for decent "Chinese." We finally stopped at HKCS recently. This is located in the Choice Mart lot. This is yet another place we had constantly bypassed but thought we should try.

Oh my God, are we glad we did! What a pleasant surprise! The restaurant was a dine in but they have stopped allowing that and now it is take out only. The ordering area is shielded by plastic sheeting. They offer a steam table with daily lunch plate specials as well as freshly prepared cook-to-order items.

We ordered broccoli beef, pepper salt calamari, shu mai and the house fried rice. The broccoli beef (\$9.95) was good. The beef was tender and the broccoli not over cooked. The sauce was flavorful. One order would easily give you two or three meals.

The calamari (\$12.95) and shu mai (\$9.95) were fine. Not outstanding but certainly tasty. The house fried rice (\$8.95) was very good. Decades ago we had a neighbor from China and she introduced us to her fried rice. I have been trying to find any place that could replicate it. This one just about does. This is rice loaded with char su pork, chicken, scrambled egg, bamboo shoots, onion, and likely more that I cannot recall. The seasoning was subtle and very good. It's only drawback was it was a bit greasy.

A return trip re-affirmed my analysis. This time we had house chow mien, stir fry veggies with white rice. All the veggies in the mein and the veggie dishes were crispy that should have remained crispy. Seasonings are quite subtle for those who want to avoid spicy anything and in fact when we get home, we like to kick it up.

The bill was approximately \$32 with tax which is competitive when you factor in the portions. The portions will easily feed two with some leftovers for a third munchie. The menu

lists a large variety of choices: soups, pu-pus, pork, beef, chicken, fish and vegetarian dishes, chop suey choices. No alcohol. Credit cards accepted. Take out only. There are a few outside tables with umbrellas, chairs by the Thai spot.

Girls say go Graze!

HONG KONG CHOP SUEY- Kealakekua Ranch Shopping Center, in the lower parking lot, underneath the Choice Mart Store. Open daily 10a-8p. Take Out only. 808 323-3373.

For you fresh fish folks, we can highly recommend the seller at the bottom of the Keauhou Shopping Center. He is not there every day but when he is, he has outstanding fresh fish. (Mar '21). They sell for the local fishermen and the quality has been excellent. If you think you may want to give him a try he is there most days from 1:30 on. Stop by and get added to their texting list. Then they will notify you as to what they have that day.

Also the **KONA SEAFOOD MARKET** has opened in town. It is hard to find but the best direction is to drive down that road that runs along where the Kona Longs is that heads back down to the Kuakini Hwy. Take the first paved RIGHT road below Longs. There is a little plaza on the makai side with a big gym, a Trixx nail/hair spot. The market is behind the nail place. It's a small, cramped store, no prices posted and often the fish is not labeled. Make sure you go in masked up. A lot of talk story going on. They occasionally have poke bowls and/or ceviche of some sort for to-gos from what we could gather and already some loyal customers. We bought a shrimp ceviche which was not bad. We bought a small amount of local sword fish at \$19.99/lb. We cooked it up the day after purchase and it was wonderful.

Kona Seafood Market 75-5699 Kopiko Street, Kona 808-868-8636.
No seating of any kind, limited food to-go, credit cards accepted. Hours: daily 10a-6p.
Closes at 4p on Sundays.



The Reverend
Cathy McDonald

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March Flavor of the Month

The Reverend Cathy McDonald will serve St. Jude's from her home during the month of March. Welcome back Rev. Cathy!



Dates to Remember

- 13 Spring Training Day
- 14 Daylight Savings Time begins for most of the mainland
- 17 St. Patrick's Day
- 19 St. Joseph Day
- 25 THE ANNUNCIATION OF OUR LORD JESUS CHRIST TO THE BLESSED VIRGIN MARY
- HOLY WEEK BEGINS pray that we will be out of this year long LENT and able to celebrate the week as we normally would.
- 28 Palm Sunday



- | | | | |
|----|--------------------|----|-------------------------------|
| 1 | Sandra Ashley | 16 | Canon Scott & LaNora Holcombe |
| 3 | Teri Martindale | 25 | Tony & Nolene Weaver |
| 9 | Nolene Weaver | | |
| 11 | Marvelle Rau | 20 | Jerry & Cindy Cutts (50th!) |
| 12 | Rev. Lindsey Hills | | |
| 13 | Karen Pucci | | |



“THE SOUNDS BEFORE THE CROSS”

A Hawai‘i Island Lenten offering
of Evening Prayer and Devotion

Wednesdays, 6 PM

HAWAII TIME

February 24 – March 24

Via ZOOM



This is the ZOOM LENTEN STUDY LINK:

The ZOOM link to join is: [https://us02web.zoom.us/j/88305849898?](https://us02web.zoom.us/j/88305849898?pwd=RzU3bWIMdm10QUxXVDUwQkU0ekdxZz09)

[pwd=RzU3bWIMdm10QUxXVDUwQkU0ekdxZz09](https://us02web.zoom.us/j/88305849898?pwd=RzU3bWIMdm10QUxXVDUwQkU0ekdxZz09)

Meeting ID is 883 0584 9898. Passcode is faith.

There is no sign up required to attend.



Diocese of Hawai'i's Annual Spring Training

All are invited to participate in the Diocese of Hawai'i's Annual Spring Training on Saturday, March 13, 2021.

This year's Spring Training features 15 courses to choose from that cover a broad spectrum of topics including grant writing, human resource issues, youth ministry, and communications. There will also be a number of speakers addressing the issues of our times with race relations, worshiping during a pandemic, faith in our homes, and much more!

To view course descriptions, visit the event webpage <https://www.episcopalhawaii.org/spring-training-2021.html>

Participants can take part in three 45-minute sessions. Before registering, be sure to have your top 3 choices plus 2 alternate course selections in mind since not all courses will be offered during all sessions, and some workshops may conflict with others. We will, however, make every effort to accommodate your top three choices.

The final schedule with Zoom login information will be sent approximately one week before the event date.

Spring Training is free and open to all in the Diocese.





WHAT'S COOKIN' AT ST. JUDE'S?

For I was hungry, and you fed me. I was thirsty, and you gave me a drink. I was a stranger, and you invited me into your home. Matthew 25:35

Nolene's Whole Wheat Honey Bread

4-1/2 teaspoons Active Dry Yeast
(2 packets)

3/4 cup *warm water* (105 - 115)

2 cups *very warm water*
(120 to 135)

1/3 cup honey

1/4 cup butter

2 tsp. salt

4-1/2 cups whole wheat flour

3 to 3-1/2 cups white flour (bread flour if possible)

Dissolve yeast in 3/4 cup warm water and set aside.

Mix 2 cups of very warm water, honey, salt and melted butter.

Stir in wheat flour. Add dissolved yeast and white flour.

Knead about 10 minutes. Place in large oiled bowl. Cover and let rise in warm place until doubled - about 1 hour.

Punch dough down. Form into two loaves. Cover and let rise about 45 minutes.

Start in 375 degree oven. Immediately turn down to 350. Bake about 30 minutes until golden brown and hollow sounding when turned out of pan.

This is the recipe that Nolene uses to make Eucharist Bread.



In our prayers...

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Thanksgiving:

We offer thanksgiving for the many answered prayers we have received at St. Jude's.

This month we pray for:

Grateful hearts, kindness, tender-hearted forgiveness & love in our relationships;

Health protection, in the midst of the COVID-19 pandemic: for our kupuna, our loved ones, our leaders, our medical personnel, ourselves.

Healing: Eddie, Pat, Colin, Patrick, Ginny, Stephanie, John, Sue, Marsha, Darryl, Rev. Cathy, John, Michael, Linda, Laura, Bill, Father Bob, John, Cathy, Maxine, Brittnee, Doug, Bob, Steve, Lorraine, Richard, Carol, Cade, Joe, Brian, Ginger, Bill, Elaine, Angie, Charlotte, Tammie.

Strength, peace and comfort for care-givers or families of those who are ill or who suffer loss.

Healing and restoration of broken hearts, finances, families and relationships.

Safety for all who are traveling; peace for those who unable to travel.

Safety, wisdom and courage for front liners: for all those in protective or public service (law enforcement, firefighters, emergency responders, military personnel, teachers, administrators, clergy, physicians, nurses, medical team members, civil leaders, cashiers, truck drivers, postal employees, and all essential workers).

For all who are navigating a new school year and a new learning style. The children who study at the St. Jude's Learning Hub.

For protection from COVID-19, natural disasters, violence and tragedy: we pray for restoration of lives, financial loss and displacement of families forever impacted;

For the re-opening of our church and all her ministries, in a safe environment of warmth, music, Holy Communion and divine connection.

For our shower clients: that they will continue to feel our love, in the midst of crisis.

Blessings, wisdom, energy, enthusiasm, discernment and encouragement for the leaders of St. Jude's and for the many volunteers who keep our church operating; and for local, national and international world leaders, help us to work together.

Lord, hear our prayer.



Kupuna 75 years old and Older

Keep these numbers! New ages groups coming soon.

√ **Registration & Appointments:**

Call (808) 322-4451

Monday - Friday 8:00 a.m. - 12:00 p.m.

**Please do not leave a voicemail. It will not be returned.*

√ Questions about COVID Vaccine: **KCHCovidVaccine@hhsc.org**

Email address is for questions only...not registration

**Phone number and email address will be activated on January 19, 2021 √ Clinic days for kupuna (by appointment only):

Thursday, January 21 8:00am – 2:00pm

Thursday, January 28 8:00am – 2:00pm Beginning February:

Thursdays AND Saturdays from 8:00am – 2:00pm √ Appointment Day:

Government issued photo ID

Arrive to appointment 15 minutes early for check-in and vaccine education.

Be sure to hydrate and eat on vaccine day.

√ Parking: There are some reserved parking spots in the lot adjacent to the vaccine check in area on Mauka side of hospital.

Please follow these websites for current vaccine information:

State DOH COVID-19 Vaccine page: <https://hawaiiicovid19.com/vaccine/>

KCH website: <https://kch.hhsc.org>

Note: The Hawaii District Office for State DOH will coordinate the vaccines for essential workers who are also in the Tier 1B vaccination group. The DOH will provide information separately.

Kona Community Hospital | 79-1019 Haukapila St. | Kealahou, HI 96750 | www.kch.hhsc.org



Mondays¹²
10 a.m.
Via
ZOOM

Tuesdays @ 9 a.m. on Zoom
Cynn timer & Teri are
Mentors

Check email for
Zoom links



Lemonade Party

Temporarily Suspended
Monthly Church Clean up

Talk Story

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We welcome submissions!

Submission Guidelines: 500 words maximum.

Uplifting, informational and reflective stories, news,
recipes, photos, memories, etc.



For more guideline details visit www.stjudeshawaii.org

Deadline for newsletter submissions is the 20th of each month.
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